### 2020 Stock-A-Rama Instructions



## Gather together safely at your local church

- Divide your Stockade into Posts, no less than 4 boys, no more than 7
- Set up screen to view together the speaker
- Be sure to have laptop available to receive emails with links, to upload scores

# **Memory Verse Event**

- Set up running area, with each position 25 feet apart (station 4 will be 100' away)
- Leader will need all four verses on one sheet for verification
- Need at least one stop-watch/timer

### Shuttle Run

- Mark off two parallel lines 30 feet apart
- Need two blocks of wood, should be at minimum a 12" section of a 2x4
- Need at least one stop-watch/timer

## **Chain Gang Knot Race**

- NOTE: Do NOT have the boys tie their legs together.
- Set up a Start and where the Leader will stand 15 yards away.
- Run this event as a relay one at a time they run up and tie a knot that is requested by the Leader. If he does not know how to tie this knot, he runs back and next Stockader in line runs the 15 yards to tie that knot. Once the requested knot is tied correctly, the Leader will move onto the next knot, and so on until all five knots have been tied correctly.
- Need at minimum seven pieces of rope to tie the knots
- Need at least one stop-watch/timer

#### Madcap Relay Race

- Print the Task Sheet sent to you or downloaded from Brigade Leader
- Cut the Tasks into the seven sections and place in a paper bag
- Set up a Start and where the Leader will stand 40 feet away.
- Need baseball bat and a large hardcover book
- Need at least one stop-watch/timer

#### **Bible Questions**

- Check your email on event day for a link to the online Bible Questions.
- Need devices for your Stockaders to take the quiz electronically, such as laptops, iPad, smart
  phone. For expediency having multiple devices is best, but can be accomplished with one. Be
  sure to follow your churches COVID protocols, and may need to wipe the device between uses.
- There is no racing or timing involved now, take your time answering the questions and hope you do well!
- Each Stockader in the Post is to take the quiz himself, no help from others. Score will be an average of all in that Post.

**CRAB WALK BACK** 

**SAY ALPHABET BACKWARDS** 

SINGLE LEG JUMP (15 sec)

**RUN BACKWARDS** 

**DIZZY BAT (10 times)** 

BALANCE BOOK ON HEAD (15 sec)

**10 PUSHUPS**